

# TRAINEE

18 Months Rotational Program  
Starting 1 January 2022



## ROMINA CABRA

**PhD in Biomedical Sciences, University of Bern**  
**AbbVie Trainee July 2020 – December 2021**

### **Why did you choose AbbVie?**

After finishing my PhD in Biomedical Sciences it was clear for me that I wanted to leave academia and enter the world of biopharmaceutical companies. However, I did not know which department would have been the right one for me. As soon as I found out that AbbVie was offering the chance of working in 3 different departments, 6 months in each, it was clear to me that I would have to apply and give my best to get this position.

### **What, in your opinion, is special regarding AbbVie's culture?**

At AbbVie you feel as part of a big family that shares the same final goal of helping patients' and their relatives' life. At AbbVie I understood the real meaning of team work and got the chance of receiving really interesting and challenging projects despite my "trainee position".

### **What was a key moment in your AbbVie career?**

For sure a key moment was when my manager told me that during one of my 6-month rotations I would have been responsible for the medical team side for the set up and roll out of a big and interesting project that has all the potential to have a remarkable impact on patients' lives.

### **In one sentence: why is AbbVie your personal Great Place to Work?**

AbbVie is my great place to work because of the open-minded and helpful people that work here, the great quality of the products we are offering to patients and the possibilities to grow that AbbVie offers.

### **Will this Trainee program change your life, and if so, in which aspect?**

YES. Thank to this program I have already given many answers to my initial doubts and got a clearer idea of what my future career will be. I also got the confirmation that the real team work exists and it will exponentially increase the quality of the final results. My life was also changed by all the exchanges I had with all the people I met (more virtually than physically) inside and outside of the Swiss affiliate in such a short time.

### **Do you have a tip for Trainee applicants?**

Don't put nonexistent obstacles in your way, believe in yourself. If you like the position, apply without fear!! Be yourself, authenticity will always pay off. And remember, not only the company/team has to like you but you have to like it as well so that every day (or almost every) you I will enjoy going to work.